

Beverages

Tea	\$3.50	Bottle of water	\$3.50
Hot chocolate	\$4.00	Soft drinks	\$4.50
Regular coffee	\$4.25	Iced tea	\$4.50
Espresso	\$5.00	Perrier	\$4.50
Cappuccino	\$5.50	V8, Orange juice	\$4.50
Latte	\$6.00		

Beers & Wines

Alcoholic drinks are only served with food.

Beer - Boréale products \$12.00

Sangria \$13.50

Wines

	Glass-Bottle
Red	\$14.00-\$48.00
White	\$14.00-\$48.00
Rosé	\$14.00-\$48.00

Little Sweets

Cake of the moment	\$11.50
Cookie with ice cream	\$4.00



SPA NORDIQUE
Cantley

Le Bistro



amerispa.ca



Homemade Soup

Soup of the moment	\$12.25
Served with a toasted roll.	

Salads

Chicken Caesar	\$29.50
Generous grilled chicken breast served on lettuce with bacon, Parmesan cheese, crispy croutons & creamy garlic dressing.	

Pizzas

All our pizza crusts are homemade.

Pepperoni	\$21.50
Tomato sauce, pepperoni & Mozzarella cheese.	
Cheese	\$21.50
Tomato sauce, Mozzarella, marble Cheddar & fresh Parmesan cheese.	
Veggie	\$22.00
Tomato sauce, colorful peppers, black olives, green onions, tomatoes & Mozzarella cheese.	

Sandwiches & Wraps

All our sandwiches are served with a garden salad and a homemade balsamic. Gluten-free ciabatta bread option available.

BLT Sandwich	\$19.75
Bacon, melted Cheddar cheese, lettuce & tomatoes on Ciabatta bread with mayonnaise.	
Grilled chicken with pesto and cheese	\$19.75
Seasoned grilled chicken breast, melted Cheddar cheese & lettuce on Ciabatta bread with homemade pesto mayonnaise.	
Veggie Sandwich	\$19.75
Peppers, black olives, green onions, tomatoes, cucumbers, lettuce & Cheddar cheese on Ciabatta bread with fine herbs mayonnaise.	
Caesar Wrap	\$21.75
Salad with seasoned chicken, bacon, Parmesan cheese & Caesar dressing in a tortilla.	
Club Wrap	\$21.75
Seasoned chicken, lettuce, Cheddar cheese, bacon, tomatoes & mayonnaise in a tortilla.	
BBQ Chicken Wrap	\$21.75
Grilled chicken with BBQ mayonnaise sauce, lettuce, melted Cheddar cheese & green onions in a tortilla.	

Treat yourself with a combo!

Add a soup to your sandwich or wrap: + \$6.75

Nachos & Quesadillas

All our quesadillas are served with a garden salad and a homemade balsamic.

Nachos	With Chicken	\$25.00
Corn chips topped with Cheddar and Mozzarella cheese, black olives, peppers, green onions, served with salsa & sour cream.	Without Chicken	\$20.00
Chicken Quesadilla		\$21.50
Veggies and grilled chicken in a tortilla, melted cheese with salsa & sour cream.		
Veggie Quesadilla		\$21.50
Veggies and melted cheese in a tortilla with salsa & sour cream.		